

Breakfast

Breakfast Entrées

EGG WHITE & YOUNG SPINACH OMELET gf

Folded with sautéed onions, low-fat cheddar cheese, mini tomato & arugula salad 13.50

THE WESTIN CONTINENTAL

Choice of orange, grapefruit or apple juice, Greek yogurt, choice of cereal, pastry basket, fruit preserves, coffee or tea 10.00

SC SHRIMP & CRAB CAKE BENEDICT

Poached eggs, english muffin, hollandaise sauce 17.00

TRADITIONAL EGGS BENEDICT

Poached eggs, Canadian bacon, english muffin, hollandaise sauce 15.00

EGGS YOUR WAY*

Organic eggs done your way, hash browns, choice of sausage, bacon, grilled ham & toast or english muffin 13.50

SMOKED SALMON CROQUE MONSIEUR gf

Gluten-free bread, aged cheddar, fried egg, arugula, tomato & avocado salad 13.00

GLUTEN FREE FRENCH TOAST gf

Maple caramelized apples & cranberries 16.00

CRISP BELGIAN WAFFLE

Maple syrup, seasonal berries, whipped cream 13.50

ORGANIC GRANOLA YOGURT PANCAKES

Maple syrup, butter 13.50

STEEL CUT CINNAMON SCENTED OATMEAL gf

Green apples, walnuts, honey drizzle 8.50

Fruits + Yogurts

BLUEBERRY GREEN TEA SMOOTHIE gf

Immune boosting blend with banana, orange & soy milk 6.00

MARKET FRESH FRUITS & BERRIES gf

A bountiful selection of the season's best 10.50

BOWL OF FIELD GROWN BERRIES gf

A bright mix of the season's best 7.00

LOW-FAT OR GREEK YOGURT 6.00 WITH SEASONAL BERRIES 7.50 gf

Westin Fresh by The Juicery

A menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery. 7.50

MANGO, BLUEBERRIES, AVOCADO, ALMOND MILK SMOOTHIE gf

LYCHEE, BANANA, PINEAPPLE, VANILLA SMOOTHIE gf

CELERY, CUCUMBER, LIME, COCONUT WATER gf

CARROT, ORANGE, GINGER, MANGO, TUMERIC gf

Side Orders

Smoked bacon, sausage links, chicken apple sausage, grilled ham 5.50

Organic stone grits 5.00

Crispy hash brown potatoes 5.00

Cereals + Breads + Pastries

CRUNCHY GRANOLA, YOGURT & BERRIES v

8.50

BERRY, APPLE & GRANOLA MUESLI v

Low-fat vanilla yogurt, banana, walnuts, pomegranate essence 10.50

FRESHLY BAKES PASTRY BASKET

Croissants, danish, muffin, butter, honey, fruit perserves 7.50

FROM THE BREAD BASKET

Choice of multi-grain, rye, sourdough,english muffin, whole wheat or white toast served with butter, & fruit preserves 3.00

NEW YORK STYLE BAGEL

Philadelphia® cream cheese 6.00
With smoked salmon, capers, red onion, tomato 13.00

Coffee + Tea + Milk + Juice

FRESHLY BREWED STARBUCKS® BLENDED COFFEE gf

Regular or decaffeinated 4.50

Espresso 4.50

Cappuccino 5.00

Cafe latte 5.00

ASSORTED TAZO TEA gf 4.50

MILK gf

Whole, non-fat, 2% , chocolate or soy 4.50

JUICE gf

Choice of grapefruit, apple, cranberry, tomato, orange, pineapple 4.50



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

v - vegetarian gf - gluten friendly